Dominus Mea Illuminatio

THEOPHILUS CAMPUS PULSE

IQAC MONTHLY NEWS LETTER OF MAR THEOPHILUS TRAINING COLLEGE, MAY, 2023
MAR IVANIOS VIDYA NAGAR, NALALNCHIRA, THIRUVANANTHAPURAM- 695015

Dear Teachers, Research Scholars, Parents and students,

I am really delighted that we are publishing monthly newsletter to showcase all the teaching and learning experiences constructed every month.

We have been producing teachers since 1956. Let our target be nothing short of excellence. Excellence is not the product of genius. It is the result of team work and commitment. Aristotle points out, "Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly.

We are what we repeatedly do. Excellence, then, is not an act but a habit." If we focus on present and try to make the current act as perfect as possible gradually, we would reach excellence. Perfection is difficult. But excellence is attainable.

I would like to point out that when we develop a committed teacher we are ensuring a bright future for India. Future of India is dependent on committed teachers. Let us make our work true prayer by committing ourselves.

Wishing you all fruitful reading...



Rt. Rev. Thomas Kayyalackal Bursar, MTTC, Nalanchira

Dear MTTC Fraternity,

June 2023 was a month of CPD- Continuous professional development. Every moment of our life is precious. Yesterday is history, tomorrow is a mystery and today is present. Every moment is an opportunity to upskill ourselves. Future belongs to people with skill. Jiddu Krishnamurti points out – Future is now. We need to learn the latest developments in the field of educational technology, educational psychology and keep up breast with the best practices round the world.

Humanistic philosophy and phenomenology has plenty of brilliant ideas to offer to take education to the next level. If we are committed and passionate about making our students fully functional persons we could make our nation great. Todays children are the future of India. Let us ensure the dream of Gandhiji father of our nation. He defines education in the following words: "By education, I mean an all-round drawing of the best in child and man in body, mind and spirit." Let us try to bring out the best in us first- subsequently the best of our students. Congrats to all those who collaborated with all the activities in May. I would like to wish you eye opening reading.



Prof. (Dr.) Joju John Principal (i/c), MTTC, Nalanchira

Editorial

Dear Theophilites,

MAR

As we embrace the lively month of May, our unwavering commitment to keeping you well-informed, engaged, and inspired remains steadfast. The month of May commenced with the remembering of International Labour Day, infusing us with a revitalized sense of vigor and enthusiasm. The current edition of our newsletter captures the essence of this spirit, with events that reflect growth, fresh perspectives, and a sense of renewal. Stay in the loop with the latest campus happenings, including events, achievements, and exciting developments in the academic and extracurricular spheres. I hope you find this issue as informative and engaging as ever. We wholeheartedly encourage you to share your thoughts, feedback, and contributions for our upcoming editions. Together, we can collaboratively mold "Theophilus Campus Pulse" into a genuine reflection of our vibrant campus community.

Mr. Rakesh Sharma R Assistant Professor

International Labour Day, celebrated on May 1st each year, commemorates the labour movement's historic struggle for workers' rights and better working conditions. It is a day to honour the contributions of workers worldwide. However, it is also a time to reflect on issues like the exploitation of children in the workforce. Child labour remains a pressing global concern, with millions of children engaged in work that is harmful, hazardous, and deprives them of their right to education and a normal childhood. Efforts to combat the exploitation of children in labour include international agreements such as the United Nations Convention on the Rights of the Child and the International Labour Organization's Convention on the Worst Forms of Child Labour. These agreements aim to eliminate child labour and protect children from exploitation. Exploitative child labour can have severe physical, emotional, and psychological consequences on children's well-being. Collectively, we should endeavor to discourage activities that result in child labour, while simultaneously striving to improve the conditions and well-being of the workforce.





Retirement

Our warmest and heartfelt wishes for a wonderful and well-deserved retirement to Prof.(Dr)K.Y. Benedict. His dedication and service as the former principal of Mar Theophilus Training College from 2014 to 2023 have left a lasting impact on the institution and all those whose lives were touched. Throughout the tenure, he has been an exemplary leader, guiding and inspiring both students and staff alike. His commitment to education and the pursuit of knowledge is truly commendable, and his contributions to the field of education is invaluable. As he embark on this new chapter in his life, we wish him joy and fulfilment in all his endeavours. May the retirement be filled with happiness, good health, and fulfilment of all dreams. Congratulations on a successful career and a well-earned retirement!



Appointment

02-05-2023

Mar Theophilus community is delighted to hear appointment of Prof.(Dr.) Joju John as Principal in charge and we extend our warmest well-wishes as you take on this important position starting from May 1. Congratulations on your appointment as the Principal in charge of Mar Theophilus Training College!We have no doubt that your vision, wisdom, and guidance will further elevate the standards of excellence at Mar Theophilus Training College.we know that you will inspire both students and staff with your passion for learning and commitment to nurturing an environment of growth and development. We look forward to witnessing the positive changes and advancements that you will bring to the college under

your capable leadership. May this new role bring you immense satisfaction and joy as you continue to shape the future of education at MTTC.



Kerala University Union Youth Festival

05-05-2023 to 09-05-2023

The Kerala University Union Youth Festival took place in Ambalapuzha from May 5th to May 9th, 2023. Six students from Mar Theophilus Training College participated in a variety of events. Nandana A S showcased her talent in English Poetry Writing, English Story Writing, and English Essay Writing. Gayathri A R excelled in English Poetry Writing and English Recitation. Renjitha R J demonstrated her skills in Malayalam through Debate, Elocution, Short Story Writing, and Monoact. Shiyangsha S also participated in Malayalam Debate and Monoact. Lekshmi J contributed her creativity to Poster Making and Rangoli, while Gopika V S showcased her artistic abilities in Painting. Among them, Nandana A S, a second-year B.Ed English student, secured the first prize in English Essay writing, while Gayathri A R, also a second-year B.Ed English student, claimed the third prize in English Poetry writing.





The vision of Management

06-05-2023

The IQAC and the extension wing of MTTC organized an online session that delved into the management vision at Mat Theophilus Training College on May 6, 2023,. Rt. Rev. Thomas Kayyalackal delivered a compelling address, touching upon moral values and the administrative efficiency within teaching. He actively engaged in discussions with teachers, seeking insights into their challenges and concerns.

HEOPHILUS



Strategic Planning and Execution in Research

09-05-2023

An online seminar on Strategic Planning and Execution in Research aimed to explore the intricacies of effective research methodologies and project management. The event was organized by IQAC and the extension wing of MTTC, and the talk was given by Prof. (Dr.) Joju John, Principal in charge of MTTC. The online seminar on optimizing research processes and strategic planning aimed to equip participants with the necessary tools and insights for successful project execution. The interactive session

encouraged active participation, insightful discussions, and the sharing of experiences among participants,



Positive parenting

10-05-2023

A seminar was organised on positive parenting among researchers and students aimed to foster a better understanding of positive parenting practices and their impact on children's development. Organized by IQAC and extension wing of MTTC, the event brought together researchers, educators, and students to explore the significance of positive parenting in contemporary society. Swami Gurunand Jnanathapaswi; a renowned resource person, presented an overview of positive parenting principles. The presentation covered the core concepts of empathy, communication, and positive reinforcement in parent-child relationships. The importance of creating a nurturing environment to support children's emotional and social development was emphasized.



Psychology of teaching and learning

11-05-2023

An online seminar on the Psychology of Teaching and Learning aimed to explore the various psychological principles that underpin effective teaching and learning strategies. The event was organized by IQAC and extension wing of MTTC and the talk was given by Prof.(Dr.) Joju John(Principal in charge of MTTC. The online seminar on the Psychology of Teaching and Learning provided valuable insights into the psychological principles that influence effective teaching and learning practices. The interactive session encouraged the participants to practical application in daily life.



Best Educational Innovator Award

12/05/2023

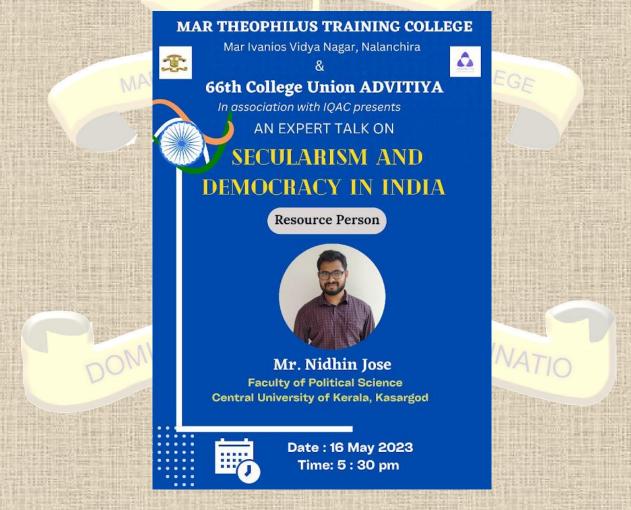
The Best Educational Innovator Award is a well-deserved recognition of Mrs. Shiny Jacob's exceptional contribution in the field of education. We congratulate Mrs. Jacob on this prestigious achievement and extend our heartfelt appreciation for her efforts in transforming the learning landscape. We also commend MES College Mumbai and the All India Association for Educational Research (AIAER) for their initiative in honouring exceptional educators and promoting a culture of innovation in the education sector.



Expert talk on Secularism

16-05-2023

The keynote speaker for the expert talk was Mr. Nidhin Jose, a renowned expert in political science and philosophy from central university of Kerala, Kasargod. The topic of the talk was "Secularism: Principles and Applications in Contemporary Society." Mr. Nidhin Jose, with his profound knowledge and expertise, shed light on the concept of secularism and its significance in today's world. He discussed the fundamental principles of secularism, emphasizing the importance of a state's impartiality towards all religious beliefs and the need for the separation of religion and government. Throughout his engaging talk, Mr. Jose explored the practical applications of secularism in the context of contemporary society. He addressed its role in ensuring religious freedom, safeguarding human rights, and promoting social harmony among diverse communities.



Sathsangh

18-05-2023

Dr. Rosamma Philip holds a distinguished position in the realm of education, celebrated for her outstanding role as a teacher educator and trainer. During her participation in

the Sathsangh event, she shared insights regarding her career journey and the influential ideas that shape the landscape of teaching and learning.



Skills of future

22-05-2023

The seminar on "Skills of the Future" hosted by Mar Theophilus Training College, in collaboration with the IQAC (Internal Quality Assurance Cell) and the Reading and Oratory Club, was an excellent initiative to explore and prepare for the skills that will be crucial in the coming years. The highlight of the event was the expert talk by Dr. Shalini S, the Principal of S.N. Gurukripa College of Education, Pothencode. As an expert in the field of education, Dr. Shalini shared valuable insights and knowledge about the changing landscape of skills and the importance of being prepared for the future.



International Biodiversity Day

22-05-2023

The Natural Science Association 2022-24 'IZDIHAR' celebrated International Biodiversity Day with an online quiz competition. International Biodiversity Day is a

United Nations-sanctioned day to promote biodiversity issues and is held on May 22 each year. The theme for the year was "From agreement to action: build back biodiversity," emphasizing the need to implement the agreed-upon action plan on a global scale before 2030 to achieve protected and sustainable biological diversity by 2050. IZDIHAR organized the competition on May 22nd. They used a digital poster to promote the event and encourage participation among other departments. The quiz competition took place online through a Google form from 6:00 PM to 6:15 PM, with a fixed time limit to ensure accurate and timely results. The quiz comprised 20 Multiple Choice Questions, each focused on biodiversity and its significance. This event aimed to raise awareness about biodiversity and its importance, encouraging participants to learn and engage with the subject. A total of 26 participants took part in the competition, and the winners were determined based on their individual scores. The results were announced by Mrs. Shiney Jacob, who is an integral pillar of the association. Devika M V secured the first position in the English optional, showcasing an impressive performance. Meanwhile, Megha Anna George and Janet P Babu secured the second and third positions, respectively, of the Natural Science and Physical Science optional .As a token of appreciation, prizes will be distributed to the winners at a later date. This recognition aims to inspire and encourage the participants for their knowledge and enthusiasm in engaging with biodiversity-related topics.





Mar Theophilus Training Gollege Nalanchira

CUIDELINES

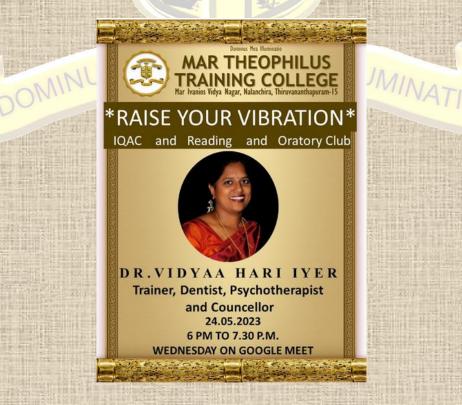
- photo should be original from your home surrounding
- 2. No editing, No artificial effects.
- 3. Each student can send only one snap.
- 4. photo should contain GPS properties.
- 5. while sending the photo it should contain the name, name of the college, optional, semester.
- 6. Entries will be sent on the WhatsApp no: 7025540434 in . jpg format.
- 7. winners will get an e-certificate.

COLLEGE

Raise your vibration

24/05/2023

Dr. Vidyaa Hari Iyer, trainer, dentist, psychotherapist a transformative workshop titled "Raise Your Vibration" conducted by the esteemed Dr. Vidyaa Hari Iyer. Dr. Iyer is a highly regarded trainer, dentist, and psychotherapist with a passion for empowering individuals to reach their full potential and achieve holistic well-being. In this engaging workshop, Dr. Iyer delved into the concept of raising one's vibration, focusing on the mind-body-spirit connection. Participants were advised to explore practical techniques and strategies to elevate their energy levels, foster positive emotions, and cultivate a harmonious state of being.



Creative parenting

24/05/2023

Creative Parenting: An online orientation session was provided to parents of students studying in Mar Theophilus Training College on 24th May 2023. The session was organized and led by Prof. Dr. Joju John, who holds the position of principal in charge at Mar Theophilus Training College. During this meeting, various discussions were held, likely focused on topics related to parenting and education, with the aim of providing valuable insights and guidance to the parents of the college's students. The purpose of such an orientation session may include enhancing parents' understanding of their children's education and development and fostering a positive and supportive learning environment for the students.



National colloquium (online) on Research Writing

25/05/2023

On May 25th, 2023, Mar Theophilus Training College hosted an online national colloquium on research writing, which was organized by the college's research wing and IQAC. The informative session was led by Dr. S. Senthilnathan, who serves as the Director (FAC) of the Human Resource Development Center (UGC) and is a professor in the Department of Educational Technology at Bharathidasan University - Khajamalai Campus in Tiruchirappalli, Tamil Nadu. Dr. Senthilnathan's expertise and experience in educational technology and research writing made him an excellent choice to lead this colloquium. During the event, participants had the opportunity to gain valuable insights, knowledge, and guidance on research writing techniques and best practices.

This initiative played a vital role in enhancing research skills and promoting a culture of academic excellence within the college and the broader academic community.



Exquizite – Online Quiz Competition

26/05/2023

On May 26th, 2023, the Social Science Association, known as "En Archein," at Mar Theophilus Training College organized and conducted an online quiz competition titled "Exquizite." This event aimed to engage students and even a wider audience in a competitive and intellectually stimulating quiz.



Online puzzle competition

28/05/2023

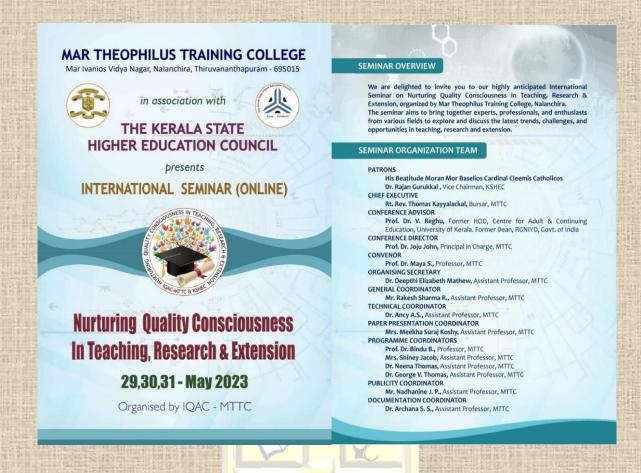
The Mathematical Association named "Hestia 2022-24" and the Internal Quality Assurance Cell (IQAC) at Mar Theophilus Training College jointly organized an online puzzle competition. This event provided a platform for students, and a wider audience, to engage in a fun and intellectually stimulating activity centered around mathematical puzzles. It was designed to promote mathematical literacy and problem-solving skills among student teachers.



Nurturing Quality Consciousness in Teaching, Research and Extension- International Webinar

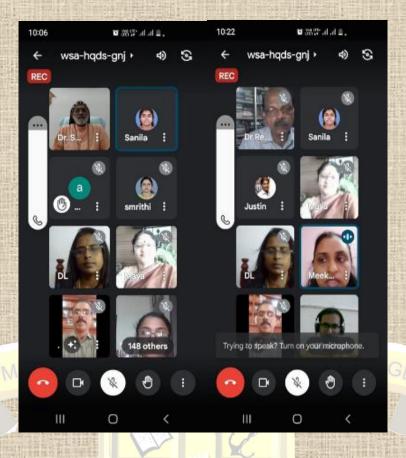
29-05-2023 to 31-05-2023

Mar Theophilus Training College, in partnership with the Kerala State Higher Education Council, hosted a highly impactful and insightful webinar from May 29th to May 31st, 2023. This event was designed to address a critical theme: "Nurturing Quality Consciousness in Teaching, Research, and Extension." The involvement of Kerala State Higher Education Council added credibility and relevance to the webinar, as it signifies that the insights and practices shared align with broader educational policies and goals. This webinar is an initiative by the college to provide a platform for educators, student teachers and researchers to share insights, best practices, and innovative ideas that can elevate the standards of teaching, research, and extension activities.



29-05-2023

The inaugural meeting commenced at 9:45 AM, with a prayer led by Mrs. Keerthi Gopi, a student teacher from Mar Theophilus Training College. Following the prayer, Professor Dr. Maya S, the Convenor of the seminar, delivered the welcome address. The introductory talk for the webinar was presented by Professor Dr. Joju John, who currently serves as the acting principal of the college. The seminar was officially inaugurated by His Excellency Rt. Rev. Mathews Mar Poly Carpus, the Co-patron of the institution. During his address, he emphasized the importance of quality education and sustainability in teaching and learning activities. His Excellency also highlighted that the improvement in teaching largely depends on the dedication and commitment of individual faculty members. Prof.(Dr.) V Reghu provided a preface to the seminar's theme and discussed the parameters of quality education. He expressed concerns about the scarcity of human and material resources in the educational sector. He also touched upon the numerous challenges faced by higher education institutions, including their low rankings in global rankings, the limited employment opportunities for students, and the lack of funding for research initiatives. These challenges have contributed to the overall performance of higher education institutions.



The special address during the program was delivered by Dr. Justin Josephus, who currently serves as the Professor and Head of the Department of Physics at the National Institute of Technology, Trichy, Tamilnadu. He underscored the importance of providing scientific training in research methodology and technology, highlighting these as critical factors for fostering growth in digital economies. Dr. Josephus also emphasized that increasing investments in research and development (R&D) would not only enhance research outcomes but also contribute significantly to economic growth. As for the keynote address, it was delivered by Dr. N. Johnson, who is the Head of the Department of Life Long Learning at Alagappa University, Tamilnadu. In his keynote address, Dr. Johnson eloquently presented the essential elements and effective strategies for quality teaching, learning, research, and extension activities. He wrapped up his presentation with a comment regarding the importance of fostering a supportive environment to elevate quality across various dimensions. This encompassed aspects such as promoting open communication, fostering respect and inclusion, encouraging collaboration and teamwork, providing opportunities for professional development, ensuring sufficient resources and support, acknowledging and appreciating efforts, maintaining a healthy work-life balance, and instituting continuous feedback and evaluation processes. Following this, Prof. Dr. Bindu B extended a vote of thanks, expressing gratitude to all participants and contributors. The meeting concluded at 11:30 PM.



The initial theme presentation was delivered by Dr. Christephe Dumas, who currently holds the position of Director at the Global Energy Parliament Research Centre and serves as the Minister for Science and Technology in France. Dr. Dumas introduced the overarching goal of education, which is to facilitate total consciousness and nurture a society composed of compassionate individuals. He emphasized the concept that, as learners come to understand that they are an integral part of the entire universe surrounding them and do not possess independent existence, they are essentially aligning with the Vedic philosophy deeply rooted in Indian culture.



The subsequent presentation featured a theme paper delivered by P.T. Babie, who holds the position of Professor of Law at the Adelaide Law School, the University of Adelaide, Australia. This presentation focused on the innovative management of research and took place at 4 PM. During his talk, Professor Babie elaborated on the precautions and careful considerations that should be observed when crafting a research proposal. He highlighted the significance of thorough planning and preparation in the research process. The presentation reached its conclusion with a discussion on Meta-research, also referred to as "research on research." This approach aims to address issues related to the wastage of resources and enhance the overall quality of research across various fields. Meta-research involves the critical examination and identification of bias, methodological flaws, and other errors or

inefficiencies within the research process, ultimately contributing to the improvement of research practices and outcomes.



The final theme paper of the day, presented at 8 PM, delved into the topic of "Education and Research in an Age of Chat Robots Based on Artificial Intelligence." Dr. K S Sajan, a faculty member at NSS Training College in Ottappalam, Kerala, was the speaker for this session. During his presentation, Dr. Sajan discussed the integration of Artificial Intelligence (AI) into both education and research contexts. He emphasized the need for caution and careful consideration when incorporating AI into teaching and learning processes. Specifically, he highlighted the importance of understanding the potential benefits and limitations of AI in education and research. To illustrate these concepts, Dr. Sajan provided a demonstration of a chatbot called GPT (Generative Pre-trained Transformer) that had been fine-tuned for specific conversational purposes. This demonstration likely showcased how AI can be used to enhance communication and engagement in educational settings while also emphasizing the importance of responsible and ethical use of such technology in research and learning environments.



30-05-2023

The second day began with a presentation delivered by Prof. Dr. Joju John on the topic of "Professional Ethics of Teachers." During his presentation, Dr. John emphasized the significance of professional ethics in the teaching profession. He concluded that professional ethics play a crucial role in fostering principles such as equality, impartiality, and a collaborative mindset within the workplace environment of educators. Dr. Joju John

underscored the importance of teachers treating all students with impartiality, ensuring that they are not biased or favoring certain individuals. He also highlighted the need for teachers to be able to identify and recognize the unique individual differences among their students, understanding that each student has their own distinct needs and learning styles. Following this presentation, at 10 AM, the thematic focus shifted to "Research Ethics for Quality Enhancement," presented by Dr. T V Bindu, faculty member in the Department of Education at the University of Kerala. This session explored the ethical considerations and guidelines that should be followed when conducting research to ensure the enhancement of research quality and integrity. During her presentation, Dr. T V Bindu addressed the critical ethical considerations that researchers, particularly sociologists, must carefully ponder. She stressed the importance of researchers taking on the responsibility of securing genuine permissions and safeguarding the interests of all individuals involved in the study. This approach ensures that research is conducted ethically and respects the rights and privacy of participants. Dr. Bindu also delved into the issue of research misconduct, which includes practices like fabrication, falsification, and plagiarism. She provided insights into how researchers can avoid such unethical behaviors, thereby upholding the integrity of their research work. Her session was valuable in shedding light on these ethical aspects of research.

In the evening, a panel discussion titled 'Chat GPT, AI, and Education Forward' took place from 8 PM to 9 PM. The panel featured esteemed members, including Dr. Pargath Singh Garcha from the College of Education in Gurusar Sudhar, Punjab, Dr. Thyagu Surya, an Assistant Professor in the Department of Education at the Central University of Kerala, Mr. Aneesh M Das, an Assistant Professor of Journalism at Government College in Kalpetta, and Dr. R. Justin Josephus, a Professor and Head of the Department of Physics at the National Institute of Technology in Tamil Nadu. This panel discussion explored various dimensions of Artificial Intelligence (AI) and its potential implications for education. It touched upon the challenges associated with implementing AI in educational systems and offered valuable suggestions for harnessing the power of AI effectively. The discussion was not only relevant but also informative and beneficial, providing insights into the evolving intersection of AI and education.

MAR THEOPHILUS TRAINING COLLEGE

MAR IVANIOS VIDYA NAGAR, NALANCHIRA, THIRUVANANTHAPURAM

THE KERALA STATE HIGHER EDUCATION COUNCIL

INTERNATIONAL SEMINAR (ONLINE) NURTURING QUALITY CONSCIOUSNESS IN TEACHING, RESEARCH AND EXTENSION

MAY 29, 30 & 31, 2023

PANEL DISCUSSION

On

CHATGPT, AI AND EDUCATION FORWARD 8 pm to 9 pm 30/05/2023





















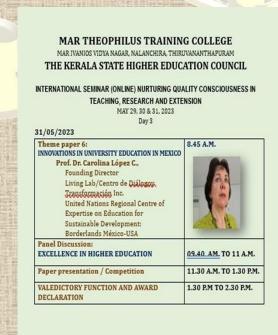


Professor and Head, Dept. of Physics, National Institute of Technology, Trichy, TN

31-05-2023

On the third day of the seminar, the session commenced at 8:45 AM with a presentation by Dr. Carolina Lopez C. She elaborated on the quality enhancement strategies implemented at the University of Mexico, specifically focusing on teaching and research areas. Her presentation initiated a panel discussion centered around the theme of "Excellence in Higher Education."

The panel discussion featured several esteemed members, each offering their unique perspectives on achieving excellence in higher education. Prof. Dr. Benedict presented the concept of an inclusive education system that caters to the X, Y, and Z generations. He highlighted the challenges being addressed to enhance the overall quality of higher education. Prof. Dr. Reghu V. explained concerns related to the politicalization of higher education management, accreditation processes, and ranking frameworks prevalent in the Indian education system. He emphasized how these factors can potentially undermine the quality of education. Prof. Dr. Rajeswary, a retired principal from the Government College of Teacher Education, presented insights into the current teacher education programs aimed at nationbuilding. She discussed the pros and cons of these programs and the challenges that must be overcome to enhance the quality of educational initiatives contributing to the nation's development. During the seminar, Dr. Isaac Paul, an Associate Professor at the Government College of Teacher Education, addressed the imperative of fostering an enhanced research culture within academic institutions. He emphasized the importance of interdisciplinary research endeavors, highlighting their potential to yield valuable insights and innovations. Dr. Paul also proposed the establishment of a dedicated center for interdisciplinary research to facilitate and promote collaborative studies across various fields. On a related note, Dr. Bindu R L, a Professor in the Department of Education, expressed her concerns about the need for high-quality research output. Her focus was on maintaining and improving the standards of research work to ensure that it meets rigorous criteria and contributes meaningfully to the academic and broader knowledge community.





This panel discussion provided a comprehensive exploration of various aspects related to achieving excellence in higher education, including inclusivity, governance, accreditation, and teacher education, highlighting the diverse challenges and opportunities in this critical sector.

Paper presentations

The presentation of papers during the seminar was organized into two distinct segments: Paper Presentation Sessions and Competition Sessions. We received a total of 78 applications for paper presentations, and among these, 50 participants had the opportunity to present their papers across ten subthemes. Participants submitted their abstracts and PowerPoint presentations to the email address mtcseminar@gmail.com

The subthemes for the webinar covered a wide array of topics, including:

- 1. Innovative Pedagogy, Creative Assessment Practices, and Instructional Design.
- 2. Innovations in Curriculum Development and STEM Education.
- 3. Education in India: Challenges and Possibilities in the Context of NEP 2020.
- 4. Quality Consciousness in Teaching, Learning, Extension, Research, and Continuous Professional Development.
- 5. Community Engagement and Extension, Outreach, and Public Service in Education.
- 6. Educational Technology, Exploring New Dimensions Like AI.
- 7. Innovations in Elementary Education, Secondary Education, Higher Secondary Education, College, and Professional Levels.
- 8. Environmental Education, Pollution, and Sustainable Development.
- 9. Lifelong Learning and Alternative Education.
- 10. Inclusive Education, Gender Justice, and Education of the Marginalized.

Participants were allocated specific time slots for presenting their papers under various subthemes, starting from the first day of the webinar. Each day, the paper presentations were conducted in two parallel groups: Group A and Group B. These groups were moderated by two panelists each. Each presenter had a 6-minute slot for their presentation, followed by a 2-minute deliberation period. The coordination of these presentations was managed by Sapna S., Sanila Manoj, Smruthi S. Pillai, and Thara Rajendran, who are Research Scholars affiliated with Mar Theophilus Training College. On the final day of the webinar, the best paper awards were announced in different categories:

In the Research Scholars category:Mrs. Anjali Ramamchandran, a research scholar from the Department of Education at St. Thomas College of Teacher Education, Pala, was recognized for her outstanding presentation.

In the Teachers category: Mrs. Harsha Mohsin NM, an Assistant Professor at the National College of Teacher Education in Perumbavur, Kochi

In the B.Ed./UG category:Sreelakshmi Sudhakaran, a student from St. Joseph College of Teacher Education for Women in Ernakulam, was acknowledged

In the M.Ed./PG category: Anuja Susan John, a student from Mar Theophilus Training College in Nalanchira, Thiruvananthapuram, was acknowledged in the postgraduate category.

The valedictory meet commenced at 1:30 PM, with Prof. Dr. Bindu B. extending a warm welcome to the chief guest and the dignitaries. Following this, Prof. Dr. Joju John, who served as the Principal in charge, shared his remarks. The esteemed chief guest for the occasion was His Excellency Rt. Rev. Mar Iganithios, who expressed his appreciation for the seminar's theme. He emphasized the paramount importance of quality enhancement across all facets of education and research. His insights and support added significant value to the valedictory session, underscoring the seminar's commitment to elevating standards in the field of education and scholarly inquiry.

During the valedictory session, Prof. Dr. Maya S, the convener of the program, delivered a comprehensive report summarizing the highlights and outcomes of the three-day event. Following her presentation, delegates provided valuable feedback, sharing their impressions and insights from the seminar. Additionally, the results of the paper competitions were announced during this session. Mrs. Meekha, Assistant Professor from Mar Theophilus Training College, had the honor of declaring the competition winners and acknowledging their contributions. This segment likely added an element of recognition and celebration to the valedictory proceedings, as it acknowledged the excellence demonstrated by participants in the paper competitions.





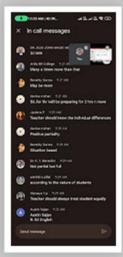












Extension programme

30-05-2023

On May 30, 2023, an extension program was meticulously organized at Government UP School Ponmudi. This program was conducted with the efficient coordination of Prof. Dr. Joju John, who plays the crucial role of being the principal in charge at Mar Theophilus Training College. The team responsible for executing this program comprised two postgraduate students, two undergraduate students, two office staff members, and three teachers from the institute. The primary objective of this extension program have been to engage with the local community, particularly the students and teachers of Government UP School Ponmudi.



Anti-Tobacco Day - Collage Making Competition

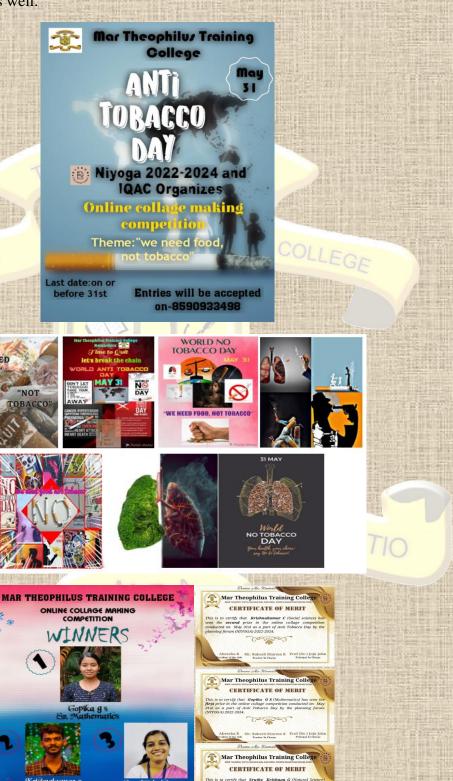
31-05-2023

World No Tobacco Day, observed worldwide on May 31st annually, serves as a global initiative to enhance awareness about the hazards associated with tobacco consumption and its adverse impacts on individuals, families, society, and the environment. The central theme for Anti-Tobacco Day in 2023 is "Grow Food Not Tobacco." The 2023 global campaign seeks to promote awareness of alternative crop cultivation and marketing opportunities for tobacco farmers, encouraging them to cultivate sustainable and nutritious crops. In connection with Anti-Tobacco Day, the Planning Forum at Mar Theophilus Training College, Nalanchira, in collaboration with IQAC, organized a Collage Competition under the theme "We Need Food, Not Tobacco." The competition was officially announced on May 26th, 2023, with the primary objectives of raising awareness and fostering creativity among the enthusiastic young student teachers. Participation was open to approximately seven students from various optional classes. The winners were determined based on the number of votes from the members of the Planning Forum, and the final evaluation was carried out by the club coordinator. The winners were formally announced following evaluation by experts. Gopika G S, specializing in Mathematics, clinched the first prize. The second and third prizes were awarded to Krishna Kumar C from the Social Science stream and Sruthy Krishnan G from the Natural Science stream, respectively. In recognition of their achievements, the winners received certificates as well.

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WE NEED

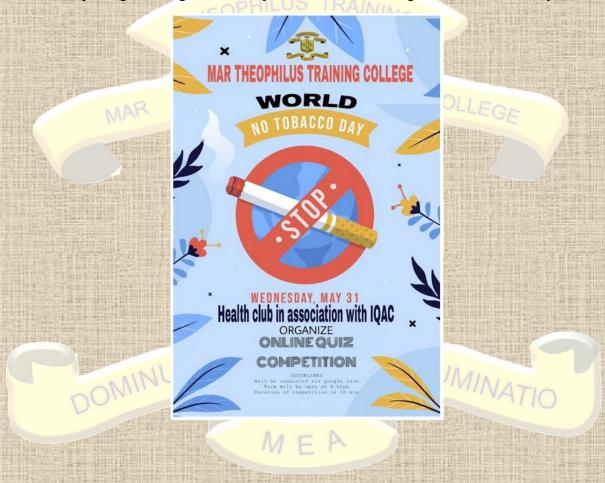
m club 22-24 NIYOGA in a



World no tobacco day- Online quiz competition.

31-05-2023

On May 31st, 2023, the Health Club at Mar Theophilus Training College, in collaboration with the Internal Quality Assurance Cell (IQAC), organized an online quiz competition to commemorate World No Tobacco Day. This event served an educational and awareness initiative to highlight the significance of World No Tobacco Day, which is observed globally on May 31st each year. The aim of this day is to raise awareness about the health risks associated with tobacco use and advocate for effective policies to reduce tobacco consumption. The online quiz competition provided an engaging platform for student teachers and a wider audience to test their knowledge about the harmful effects of tobacco, the benefits of quitting smoking, and the importance of maintaining a tobacco-free lifestyle.



As we wrap up this edition of the newsletter, we want to express our heartfelt gratitude to our Patron, Co-patron and Bursar for continued support. It is our privilege to bring you the latest updates, stories, and insights from Mar Theophilus community, and we hope you have found this issue informative and engaging. Your feedback and contributions are invaluable, helping us shape future editions to better serve your interests and needs. As we look forward to the coming months, we are excited about the stories waiting to be shared, the achievements yet to be celebrated, and the growth that lies ahead.

Until then, stay well, stay connected, and stay inspired.

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